



Guest Artist Workshop

October 24th & 25th 2026

Guest Artist Workshop information

Classes in:
contemporary
lyrical
jazz
hip hop
tap
clogging
acrobatics
break dancing
leaps & turns
contemporary
partnering
flexibility &
strengthening
conditioning
yoga

REQUIRED event for all All Stars Company members

open to current Ballet Arts students, faculty, alumni and invited guests ages 6 to adult.

Workshop tuition:
Company dancers
Full Weekend \$180

Non Company dancers
Full Weekend \$250

Non Company dancers
Per Class \$20

*We're looking forward to
an incredible weekend of dance!*

Guest Artists



José Velasquez

José is a seasoned hip hop dance instructor, choreographer, and creative entrepreneur with over two decades of experience in the culture and craft of street dance. José is the founder of Soul Struck - a dance company and education platform rooted in the preservation, celebration, and innovation of authentic hip hop and street dance forms. José's teaching philosophy centers on cultural integrity, community building, and personal transformation through movement. He is committed to bridging the gap between tradition and evolution, offering structured training in hip hop and breaking while empowering students of all ages to connect deeply with the music, history, culture, and themselves. Through performances, workshops, and public programs, José's work highlights the artistic and social impact of Black and Latino street dance cultures. Beyond the studio, his creative practice explores the intersections of dance education, entrepreneurship, wellness, cultural advocacy, and community development. José is dedicated to expanding access to quality street dance training, developing youth programs, and creating opportunities for dancers and communities to thrive - on stage, in classrooms, and beyond.



Ofu Cairns

Ofu started dancing at Ballet Arts when he was 8 years old and trained in tap, contemporary, clogging, jazz, ballet and lyrical classes. He competed with our All Stars Company and was awarded numerous dance scholarships and many overall awards at regionals and nationals, including national grand champion in the duet division. Ofu is a graduate of Swarthmore College and now resides in Rhode Island. He taught and choreographed at Ballet Arts for several years prior to moving north for college. Ofu often returns to Ballet Arts to choreograph competition solos and teach guest classes. He is currently on the faculty of several studios in Providence, Rhode Island where he teaches competition and rec students of all ages. We are thrilled to have Ofu back to share his talents with our dancers!

Guest Artists



Amaya Brown

Amaya is a homegrown dancer! First joining Ballet Arts at two years old, she trained in Ballet, Tap, Jazz, Hip Hop, Baton, Contemporary, and more. Amaya began competing with the Ballet Arts All Stars competition team in 2007, developing a love for the performance and creative expression. This passion carried her through to college after graduating from Ballet Arts in 2016. She joined The Dance Company at UNC Wilmington during her freshman year, and became the 3 year President of the organization, and a member of the Hip Hop dance crew Physical Graffiti. After graduation in 2021, she moved to NYC to pursue a career in Marketing. But, she is a self proclaimed “serial hobbyist”, and stays in constant pursuit of learning and creative outlets via regular dance classes, yoga, and DJ’ing —continuing to build on the lessons, skills, and passion first developed at Ballet Arts.



Katlyn Cobb

Katlyn began her personal dance journey at the age of four. She has been teaching dance, acrobatics, and cheer for seven years and is currently on faculty at Extravadance and Tumble. Katlyn has trained with the Acrobatic Arts program and coaches dancers and cheerleaders. She choreographs for high school and middle school cheer squads as well as for dance studios. We are excited to have Katlyn work with our students on technique and new skills!



Mackenzie Spicer

Mackenzie has been dancing since the age of 4 and trained in ballet at Raleigh School of Ballet for 7 years. She has also danced for many years with Raleigh Dance Theatre performing many roles including a soloist in *Sleeping Beauty* and lead in their production of *Rhyme*. She currently attends North Carolina Central University, where she is studying Social Work. She teaches and choreographs for area competition teams and assists ballet classes at Raleigh School of Ballet. Dance has always been a big part of her life, and she loves sharing her passion with her students and helping them grow both in and out of the studio!

SATURDAY

color
coded by
teacher

Ofu

Amaya

Jose

Studio A	Studio B	Studio C
10:15-11:15 Clogging if not in clogging co	10:15-11:15 Warm up /Lyrical open to all levels	
11:15-12:15 Jazz (Jr & Jr Elite)	11:15-12:15 Contemporary (Sr. & Sr. Elite)	
12:15-1:00 Lunch break if in 1:00 hip hop	12:15-1:15 Jazz Sr & Sr Elite	12:15-1:15 Tap open to all tap co
1:00-2:00 Hip Hop Jr and up	1:15-2:00 Lunch break if not in 1:00 hip hop	1:15-2:00 Lunch break if not in 1:00 hip hop
2:00-3:30 Hip Hop Sr & Sr Elite	2:00-3:00 Contemporary Jr & Jr Elite	2:00-3:00 Jazz open to all levels
Hip Hop class until 3:30	3:00-4:00 Dance Vocabulary & History	
3:30-5:00 Breakdancing Open to all levels	4:00-5:00 Conditioning Open to all levels	4:00-5:00 Tap Open to all levels
5:00-5:15 Hydration & snack	5:00-5:15 Hydration & snack	5:00-5:15 Hydration & snack
5:15-6:15 Lyrical Sr & Sr Elite	5:15-6:15 Leaps & Turns Open to all levels	
6:15-7:15 Acro if not in acro co	6:15-7:15 Tap if not in tap co	

SUNDAY

color
coded by
teacher

Ofu

Amaya

Katlyn

Mackenzie

Studio A	Studio B	Studio C
1:15-2:15 Contemporary Sr & Jr Elite	1:00-2:15 Ballet Ballet Levels 3 & 4	1:15-2:15 Lyrical Junior Co
2:15-3:15 Acro open to all levels	2:15-3:15 Ballet Ballet Levels 2 & 3	2:15-3:15 Contemporary Partnering & Improv Open to all levels
3:15-4:15 Lyrical Senior & Jr. Elite	3:15-4:15 Ballet Ballet Levels 1 & 2	3:15-4:15 Flexibility & Strength Training open to all levels
4:15-4:30 Hydrate, snack, group photo	4:15-4:30 Hydrate, snack, group photo	4:15-4:30 Hydrate, snack, group photo
4:30-5:30 Leaps, Turns, Tricks open to all levels	4:30-5:30 Broadway Jazz open to all levels	4:30-5:30 Clogging Clogging companies
5:30-6:30 Acro Acro Company	5:30-6:30 Jazz Senior & Jr Elite	5:30-6:30 Tap Sr. Elite Tap Co
6:30-7:30 Tap Senior Tap Co	6:30-7:30 Yoga & Cool Down Open to all levels	

Dancers:

1. fill out your requested class schedule (on the next page)
2. submit it to Ms. Amy (in her locker) by Thursday 7:00p.m.

*Ms. Amy will review your class selections.

If any changes need to be made to your schedule you will be notified.

*If you need class recommendations or assistance selecting classes please see Ms. Amy or Ms. Alecia

STUDENT NAME: _____

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